

VOORSTEL: 60 MINUTE GEBEDSGIDS: GEBEDSTYD VIR DIE CORONA-VIRUS PANDEMIE

(Jy benodig: 'n Bybel, aanbiddingsmusiek, water, seep, tissues, penne, pak pleisters, handreiniger.)

1. RAAK STIL (5 minute) EN BID Psalm 46 hardop

2. WEES STIL: Haal diep asem, nooi die Heilige Gees om by jou te wees

3. VERBLY JOU IN DIE HERE (5 minute) EN BID Psalm 91 hardop

4. AANBIDDING: Luister na 'n aanbiddingslied oor God se grootheid, en sing hardop of in jou hart saam.

5. VOORBIDDING (30 minute - 5 minute per onderwerp)

- **BID DAT DIE VIRUS BEKAMP SAL WORD**
 - Gebruik water en seep, en was jou hande deeglik.
 - Vra vir God om die verspreiding vd virus te stop en te vertraag.
 - Vra dat die Here spesifiek sal intree in die lande wat die meeste geraak word.
- **BID VIR DIE SIEKES EN DIE GEÏSOLEERDES**
 - Gebruik 'n pen en tissue, en skryf die name van mense waarvan jy weet wat in self-isolasie is, of wat positief getoets is.
 - Vra God om sy teenwoordigheid aan hulle te openbaar in hulle alleenheid, en om hulle te beskerm, te versterk en gesond te maak.
- **BID VIR DIE BESKERMING VAN DIEGENE WAT BROOS EN VATBAAR IS**
 - Neem 'n pen en die pleisters, skryf op die pleisters die name wat persone wat jy weet wat oud is, of wat siek en swak is wat hulle vatbaar maak vir die Corona-virus.
 - Vra die Here om hulle te beskerm teen infeksie.
- **BID VIR PLAASLIKE EN NATIONALE LEIERS**
 - Sit jou hande op jou kop en vra die Here om vir die leiers wysheid te gee terwyl hulle besluite neem om mense te beskerm.
 - Sit jou hand oor jou oor en vra God om goeie raadgewers te stuur wat hulle sal leiding gee.
 - Maak jou hande voor jou oop, en vra die Here om hulle die vermoë te gee om helder met die publiek te kommunikeer.
- **BID VIR GESONDHEIDSWERKERS**

- Vryf jou hande met handreiniger en vra die Here om die dokters, verpleegsters, ambulanspersoneel ens. - almal wat na siek mense omsien - te beskerm.
- **BID VIR ALMAL WAT OP EEN OF ANDER MANIER GERAAK WORD DEUR DIE PANDEMIE**
 - Baie mense word indirek geraak.
 - Vra God om die wat rou oor die verlies van 'n geliefde, te vertroos.
 - Vra God om te voorsien vir diegene wat finansiële sukkel omdat hulle nie kan werk nie.
 - Bid vir besigheidseiers met hul uitdagings in die tyd..
 - Bid Numeri 6: 24 - 26 oor elkeen van die groep mense.

6. GEE JOUSELF OOR (10 minute)

Bid bv die gebed van oorgawe deur Pete Greig:

Lord Jesus Christ, we ask you to protect us from the spread of the coronavirus. You are powerful and merciful; let this be our prayer - "Have mercy on me, my God, have mercy on me, for in you I take refuge. I will take refuge in the shadow of your wings until the disaster has passed." (Psalm 57:1)

Jehovah Shalom, Lord of Peace, we remember those living in coronavirus hotspots and those currently in isolation. May they know your presence in their isolation, your peace in their turmoil and your patience in their waiting. Prince of Peace, you are powerful and merciful; let this be their prayer - "May your mercy come quickly to meet us, for we are in desperate need. Help us, God our Saviour, for the glory of your name." (Psalm 79:8)

God of all Comfort and Counsel, we pray for those who are grieving, reeling from the sudden loss of loved-ones. May they find your fellowship in their suffering, your comfort in their loss, and your hope in their despair. We name before you those known to us who are vulnerable and scared - the frail, the sick and the elderly. [pause] God of all Comfort, you are powerful and merciful; may this be our prayer -

"He has delivered us from such a deadly peril, and he will deliver us again. On him we have set our hope that he will continue to deliver us." (2 Corinthians 1:10)

Jehovah Rapha, God who heals, we pray for all medical professionals dealing daily with the intense pressures of this crisis. Grant them resilience in weariness, discernment in diagnosis, and compassion upon compassion as they care. We thank you for the army of researchers working steadily and quietly towards a cure - give them clarity, serendipity and unexpected breakthroughs today. Would you rise above this present darkness as the Sun of Righteousness with healing in your rays. May this be our prayer - "Sovereign Lord, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you." (Jeremiah 32:17)

God of all Wisdom, we pray for our leaders: the World Health Organisation, national governments, and local leaders too - heads of schools, hospitals and other institutions. Since you have positioned these people in public service for this hour, we ask you to grant them wisdom beyond their own wisdom to contain this virus, faith beyond their own faith to fight this fear, and strength beyond their own strength to sustain vital institutions through this time of turmoil. God of all Wisdom and Counsel, you are powerful and merciful; may this be our prayer -

“God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear” (Psalms 46:1-2)

I bless you with the words of Psalm 91: “Surely he will save you from the fowler’s snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.” (Psalm 91:3-7)

“Answer me when I call to you, my righteous God. Give me relief from my distress; have mercy on me and hear my prayer.” (Psalm 4:1)

May El Shaddai, the Lord God Almighty who loves you protect you. May Jesus Christ, His Son who died for you save you. And may the Holy Spirit who broods over the chaos and fills you with his presence, intercede for you and in you for others at this time.

“The Lord will rescue me from every evil attack and will bring me safely to his heavenly kingdom. To him be glory for ever and ever. Amen.” (2 Timothy 4:18)

7, WEES STIL

- Haal diep asem, sê vir God dankie vir sy teenwoordigheid, en gee alles waaroor jy gebid het in sy hande oor.

Elemente van ’n gebed:

1. Lofprysing
2. Wag op die Here
3. Sondebelydenis
4. Gebed uit die Skrif
5. Waak
6. Voorbidding
7. Eie behoeftes
8. Danksegging
9. Sang
10. Mediteer Woord
11. Luister
12. Lofprysing

Teksgedeeltes tydens gebed:

1. Lofgebede

- 1 SAm 2: 1 - 10
- 1 Pet 1: 3

2. Dankgebede

- Ef 1: 16 - 17

3. Gebed om herlewing

- Ps 51: 7, 10 - 12
- Hab 3: 2
- Rom 15: 30 - 32
- Ef 3: 14 - 19

4. Gebed dat God se wil sal geskied

- Ps 115: 3
- Jer 42: 2 - 3
- Matt 6: 10
- Matt 26: 39
- Rom 1: 9 - 10
- Kol 1: 9 - 10
- 1 Joh 5: 14

5. Gebed dat God se Koninkryk sal kom

- Luk 11: 2

6. Gebed vir volharding

- Rom 12: 12
- Rom 15: 5 - 6
- Rom 15: 13
- Kol 1: 11 - 14

7. Gebed vir die verkondiging van die evangelie

- Hand 4: 29 - 30
- Ef 6: 18 - 20
- 2 Tim 4: 2

8. Gebed om die liefde van Christus

- Fil 1: 9 - 11

9. Gebed vir die liggaam van Christus

- Ef 4: 1 - 3
- Ef 4: 13
- Kol 4: 2

10. Gebed vir jou kerk

- Ef 1: 16 - 23
- Kol 1: 13 - 18

11. Gebed om Jesus te volg

- Luk 9: 23 - 24
- 2 Kor 2: 14 - 16

12. Gebed om vrygewig te wees

- 2 Kor 9: 12 - 15